

GREATER PHILADELPHIA AQUATICS PRESENTS: The 2012 Middle Atlantic Silver Championship Meet

Friday – Sunday, March 30-April 1, 2012
Held under the Sanction of USA Swimming
Sanctioned by Middle Atlantic Swimming, Inc.
Sanction # 1217 B

LOCATION	Gloucester County Institute of Technology 1360 Tanyard Road Sewell, NJ 08080 Day of meet ONLY emergency phone # 856-468-1445 ext. 2659
FACILITIES	<p>The Aquatic Center at the Gloucester County Institute of Technology is an 8 lane 50 meter pool separated into two 25 yard competition pools by a moveable bulkhead. The starting and turn depths in the deep end (Pool A) are 10 feet and the starting and turn depths in the shallow end (Pool B) are 5 feet. Each pool is equipped with non-turbulent lane lines, Paragon starting blocks and a Colorado 6 Timing System with separate scoreboards.</p> <p>The competition course has been not certified in accordance with 104.2.2C(4).</p> <p>There is a separate mezzanine with seating for 450 spectators and unlimited parking at GCIT and three neighboring schools. Concessions will be available for purchase during the meet.</p> <p>The meet will be run using two 8 lane courses for all sessions.</p>
MEET DIRECTOR	Matthew Sprang, gpacentries@gmail.com ; 856-580-0912
SAFETY DIRECTOR	Bob Taffet, gpacentries@gmail.com
MEET OFFICIALS	Felicia Seigel gpacofficials@gmail.com
EMAIL ENTRIES TO:	gpacentries@gmail.com
ELIGIBILITY	<p>This meet is open to all USA Swimming registered swimmers ages 9 and older who have not meet the qualifying time in a particular event for the Middle Atlantic Winter Junior Olympics or Middle Atlantic Winter Senior Championship meets. Swimmer's age is as of the first day of the meet.</p> <p>Swimmers are limited to a total of 5 individual events and 1 relay event per day regardless of how many sessions they participate in each day.</p>
ENTRY LIMITATIONS	<p>The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform to Middle Atlantic and GCIT facility rules. <u>We will not eliminate swimmers from races they enter and we will not turn away any swimmers or teams who enter by the deadline.</u> We will explore options such as separating sessions and other alternatives to conform to Middle Atlantic rules.</p>

ORDER OF EVENTS WARM-UP & START TIMES	Attached is a sheet listing the order of events, event numbers, the starting times for each session and the warm-up schedule. Warm-up times for each team will be assigned by the meet director once all entries have been received.
DECK ENTRIES	Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet at the cost of \$8 per event. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration. Deck entries will be accepted only until 30 minutes prior to the start of each session. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Deck entries must be paid for at the time of entry with cash and exact change.
On Site Registration	Unregistered swimmers may register on deck at this meet by turning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee (\$120 per swimmer for 2011-2012 registration). This applies to all swimmers attached to a club.
SWIMMERS WITHOUT A COACH	Swimmers unaccompanied by a credentialed coach should report to the Meet Director before the warm-up for each session. It is requested that teams sending swimmers without a coach notify the Meet Director via email upon submitting entries for the meet. A team sending at least three swimmers to the meet is requested to send a coach with those swimmers for safety reasons.
SEEDING	This meet will be pre-seeded for all events with the exception of the 500 freestyle and 400 IM events for all age groups on Friday. The 500 Freestyle and 400 IM will be seeded and swum fastest to slowest after the check-in deadline on Friday night.
HOW TO ENTER	All entries should be submitted using Hy-Tek's Team Manager Program. Entries submitted manually will be assessed a \$15 per swimmer fee in addition to regular event entry fees. Also, any team submitting manual entries for more than five athletes must submit a surcharge of \$25 per athlete. Entries must be submitted in the course they were achieved. All entries must be submitted with an entry summary report. NO POST ENTRIES WILL BE ACCEPTED.
ENTRY FEES	\$4 Per Individual Event. \$8 per Relay Event.
SEND ENTRIES TO	Email is the preferred manner to send your entries in. Please send emailed entries (including entry report) to gpacentries@gmail.com. Please include the number of athletes and entries in the body of the email as well as a contact number for the person responsible for your team's entries. Entries can also be mailed to: Silver Championships 2011; c/o GPAC; PO Box 293; Sewell, NJ 08080. Team must submit one check or money order to cover the cost of their collective entries.

	<p>Make all checks payable to "Greater Philadelphia Aquatics".</p>
<p>ENTRY DEADLINE</p>	<p>All entries must be received by 9:00 pm on Sunday, March 18th, 2012. If sending the entries by express mail, be sure to waive the signature requirement. Entries received after 9:00pm on March 18, 2012 will be treated as deck entries and subject to the deck entry requirements and stipulations.</p> <p>PAYMENT FOR ALL ENTIRES MUST BE RECEIVED BY MONDAY, March 26, 2012.</p>
<p>RULES</p>	<p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET.</p> <p>All events will be conducted as timed finals.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. YOU MUST PROVIDE EITHER CURRENT USA SWIMMING CREDENTIALS OR WRITTEN PROOF THAT YOU ARE CURRENTLY CERTIFIED BY USA SWIMMING TO BE ON THE POOL DECK. THERE WILL BE ABSOLUTELY NO DECK ACCESS FOR PERSONS NOT CREDENTIALLED BY USA SWIMMING UNLESS YOU ARE WORKING IN AN OFFICIAL MEET CAPACITY. THIS RULE WILL BE STRICTLY ENFORCED BY THE MEET SAFETY COMMITTEE.</p> <p>Positive check-in is required for the 500 Freestyle and 400 IM. The check-in table will close 30 minutes after the start of warm-ups for each session. Swimmers who check in for the event and fail to swim will be scratched from their next individual event with no refund provided.</p> <p>This meet will be conducted using the Whistle command and No-Recall False Start procedures. Coaches of swimmers needing special accommodations should speak with the deck referee at each session of the meet. Once a session starts the meet referee has all control over the meet as it takes place in the water. A timeline will be provided to all entered teams utilizing a 20 second heat interval.</p> <p>Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.</p> <p>Any swimmer observed swimming under or through the Bulkhead by an Official or Safety Monitor at the Meet will be disqualified from that swimmer's next Individual Event or from the remainder of the Meet, as determined by the Meet Referee. This policy will be strictly enforced.</p> <p>Penalties will be imposed upon any swimmer when any coach, parent or swimmer enters any time other than the swimmer's best time for any event. Penalties may include fines or suspension at the discretion of the Middle Atlantic Swimming Board of Directors.</p> <p>All swimmers must have a time to enter an event. Entries with no time or "NT" will not be accepted.</p>

RACING START CERTIFICATION	<p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>
ATHLETES WITH DISABILITIES	<p>Swimmers with disabilities are encouraged to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.</p>
RELAYS	<p>There are no qualifying times for relays. Teams are permitted to enter as many relays teams per event as they like.</p> <p>Swimmers who have achieved Winter Junior Olympic time standards (9-10, 11-12, 13-14 age groups) or Winter Senior Champs Time Standards (15 & Over) should not swim that stroke and distance as a part of any relay but are permitted to swim a stroke/distance in which they have not achieved the above time standards.</p>
QUALIFYING	<p>Swimmers can participate in any events in which they have not yet achieved the qualifying time for Winter Junior Olympics (9-10, 11-12 & 13-14 Age Groups) or Winter Senior Champs (15 & Over Age Groups).</p> <p>Qualifying Standards for these meets can be found here: http://www.teamunify.com/SubTabGeneric.jsp?_stacid_=7479&team=masGCIT</p>
SCORING & AWARDS	<p>Awards will be based on the swimmer's seed time for the meet as follows:</p> <p>C Division Medals 1st through 3rd Place Ribbons 4th through 8th Place</p> <p>BB Division Medals 1st through 3rd Place Ribbon 4th through 8th Place</p> <p>A High Point Award will be given to the highest scoring male and female swimmer in each of the following age groups: 9-10, 11-12, 13-14, & 15-19.</p> <p>A Team Spirit Award will be given to the team who demonstrates the best level of team spirit and sportsmanship throughout the meet. This award will be decided by a pre-selected meet jury consisting of coaches, officials, and meet volunteers from different teams. The meet jury will not be permitted to vote for the team they represent.</p>
PROGRAMS & ADMISSION	<p>One program for the entire meet will be on sale for \$15. Admission is \$5 per person per day. Children ages 5 and under will be admitted free of charge. Free admission and a heat sheet for that day's session will be given to any persons assisting in the running of the meet as necessary.</p>

<p>RESULTS</p>	<p>Results will be posted on the Middle Atlantic Swimming web site www.maswim.org. A results file will also be emailed to each club providing a valid email address (1 per club) upon entering the meet.</p> <p>THE SCOREBOARD IS THE UNOFFICIAL TIME. Problems may result from numbers on the board sticking or from the swimmer not touching the pads properly. All results will be reviewed by the meet scorer and certified by the Meet Referee when a discrepancy occurs. COACHES ONLY should notify the meet referee of any problems with the meet results (be it time or awards). Team officials are asked to report any discrepancies to the Meet Director within 24 hours of the meet results being distributed via email.</p>
<p>DIRECTIONS</p>	<p>From the south: take route 55 north to route 47. Take exit 56b/westville. Turn left at the traffic light onto Bankbridge road. Turn left at the next traffic light onto Tanyard road. The entrance to GCIT is on the left at the bottom of the hill.</p> <p>From the north and the Walt Whitman bridge: take I-295 south to route 42 south and remain in right lane. Take route 55 south to exit 56B (route 47 north/Woodbury). Turn left onto Bankbridge road at the traffic light. Turn left at the next traffic light onto Tanyard road. GCIT is on the left at the bottom of the hill.</p> <p>From the Delaware Memorial & Commodore Barry bridge: take I-295 north to exit 21 onto Delaware St. and continue through Woodbury. Turn right at traffic light onto Evergreen Ave. Turn left at next traffic light onto Egg Harbor road. Continue 3-miles to the next traffic light. GCIT is at the bottom of the hill on left.</p>
<p>ACCOMODATIONS</p>	<p>Deptford Residence Inn/Fairfield Inn 1154 Hurfville Road Deptford, NJ 08096 856-686-9188 <i>Mention "Middle Atlantic Silver Champs" to receive the special group rate for this weekend</i></p>

Sessions 1 & 2
Friday, March 30, 2012
Warm-up 3:45pm, Events 4:45pm

Swimmers must provide their own timer and counter for the events in this session

Girls Event Number	Event Description	Boys Event Number
1	11-12 500 Freestyle	2
3	9-10 500 Freestyle	4
5	13 & Over 500 Freestyle	6
7	11-12 400 Individual Medley	8
9	13 & Over 400 Ind. Medley	10

Sessions 3 & 4
Saturday, March 31, 2012
Warm up 7:30 am, Meet 8:30 am

Girls Event Number	Event Description	Boys Event Number
11	9-10 200 Medley Relay	12
13	15 & Over 200 Medley Relay	14
15	9-10 100 Freestyle	16
17	15 & Over 100 Freestyle	18
19	9-10 50 Breaststroke	20
21	15 & Over 200 Breaststroke	22
23	9-10 100 Backstroke	24
25	15 & Over 100 Backstroke	26
27	9-10 50 Butterfly	28
29	15 & Over 200 Butterfly	30
31	9-10 200 Ind. Medley	32
33	15 & Over 200 Freestyle	34

Sessions 5 & 6
Saturday, March 31, 2012
Approximate Warm-up no later than 2:30 pm, Meet no later than 3:30 pm

Girls Event Number	Event Description	Boys Event Number
35	11-12 200 Medley Relay	36
37	13-14 200 Medley Relay	38
39	11-12 200 Freestyle	40
41	13-14 200 Freestyle	42
43	11-12 100 Breaststroke	44
45	13-14 100 Breaststroke	46
47	11-12 100 Butterfly	48
49	13-14 100 butterfly	50
51	11-12 200 Backstroke	52
53	13-14 200 Backstroke	54
55	11-12 50 Backstroke	56
57	13-14 100 Freestyle	58
59	11-12 100 Freestyle	60
115	11-12 200 Ind. Medley	116

Session 7 & 8
Sunday, April, 1, 2012
Warm-up 7:30 am, Meet 8:30 am

Girls Event Number	Event Description	Boys Event Number
61	9-10 200 Freestyle Relay	62
63	15 & Over 200 Freestyle Relay	64
65	9-10 50 Freestyle	66
67	15 & Over 50 Freestyle	68
69	9-10 100 Breaststroke	70
71	15 & Over 100 Breaststroke	72
73	9-10 50 Backstroke	74
75	15 & Over 200 Backstroke	76
77	9-10 100 Butterfly	78
79	15 & Over 100 Butterfly	80
81	9-10 100 Ind. Medley	82
83	15 & Over 200 Ind. Medley	84
85	9-10 200 Freestyle	86

Session 9 & 10
Sunday April 1, 2012
Approximate Warm-up no later than 2:30 pm, Meet no later than 3:30 pm

Girls Event Number	Event Description	Boys Event Number
87	11-12 200 Freestyle Relay	88
89	13-14 200 Freestyle Relay	90
91	11-12 200 Breaststroke	92
93	13-14 200 Breaststroke	94
95	11-12 50 Breaststroke	96
97	13-14 50 Freestyle	98
99	11-12 50 Freestyle	100
101	13-14 100 Backstroke	102
103	11-12 100 Backstroke	104
105	13-14 200 Butterfly	106
107	11-12 200 Butterfly	108
109	11-12 50 butterfly	110
111	13-14 200 Ind. Medley	112
113	11-12 100 Ind. Medley	114

There are no qualifying standards for relays

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ENTRY SUMMARY

Team: _____ **USA-S CLUB CODE:** _____

Name of Club: _____

USA Club Code: _____

Name(s) of Coach(es) _____

Address: _____

Phone #: _____ E-Mail: _____

Contact Person Responsible for Entries: _____

Phone #: _____

Fax #: _____

E-Mail: _____

Contact Person Regarding Timers and Officials: _____

Phone #: _____

Fax #: _____

E-Mail: _____

ENTRY FEE SUMMARY

Total # of Individual Entries _____ x \$4.00 = \$ _____

Total # of Manual Entries* _____ x \$15.00 = \$ _____

Team Manual Entry Fee* _____ x \$25.00 = \$ _____

Total # of Relay Entries _____ x \$8.00 = \$ _____

Total Amount of Entry \$ _____

Total # of Swimmers _____

MAKE CHECKS PAYABLE TO: Greater Philadelphia Aquatics

*As per Middle Atlantic rules, any entry submitted manually is subject to a \$15 per athlete fee. In additional, any team submitting manual entries for more than 5 swimmers will be charged an additional fee of \$25 per swimmer.

I attest that the athletes are currently registered with USA Swimming and that they have achieved the seed time recorded.

Signature of Head Coach or Authorized Team Representative