

MSA & CLINIC WINTER PRACTICE SCHEDULE

Starts Monday 11/07/11 for MSA and 1-3-12 for Clinic

Swimmers must arrive 5-10 minutes prior to their scheduled start time.

Level	MON	TUES	WED	THURS	FRI	SAT
I-A	7:00-9:15	4:30- 6:45	7:00-9:15	4:30-6:45	4:30-6:30	6:30-9:00am
I-B	7:00-9:15	4:30-6:45	7:00-9:15	4:30-6:45	4:30-6:15	6:30-9:00am
II-A	5:00-6:45		6:00-7:45	7:15-9:00	6:15-8:15	8:00-10:00am
II-B	5:00-6:30	7:15-8:45	5:30-7:15		6:15- 7:45	8:00-9:45am
III-A	6:00-7:30		5:15-6:30		7:00-8:30	9:00-10:30am
III-B	6:00-7:30		5:15-6:30		7:00-8:30	9:00-10:30am
IV-A		6:00-7:30		6:15-7:30	6:00-7:30	9:30-10:30 am
IV-B		5:15 -6:15		5:15-6:15	6:00-7:30	
*Clinic I		6:45-7:30		6:45-7:30		
*Clinic II		7:30-8:30		7:30-8:30		
*Clinic III						10:00-11:00am

This schedule will adjust after the completion of MP Swim Season. The days will not change, just the practice times will be adjusted.

***NOTE: Clinic Practice Hours start January 3, 2012**